

UK Royal Society of Medicine: Eggs shift from health risk to recommendation

Vulnerable groups no longer urged to avoid eggs

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Evidence presented at a meeting of the UK's Royal Society of Medicine's Feed and Health Forum says that UK eggs have moved to being a dietary recommendation.

The Royal Society of Medicine is an independent educational organization for doctors, dentists, scientists and others involved in medicine and health care, whose experts now advised that, as UK eggs are no longer linked to Salmonella or heart disease, and with changes to hen feeding practices producing healthier eggs, vulnerable groups that previously were told to avoid eggs should now be encouraged to eat them due to their nutritional profile.

Twenty-five years after former Health Minister Edwina Currie claimed, "Most of the egg production in this country, sadly, is now infected with Salmonella," she says that "you can have your soft-boiled egg today in Britain, provided it's got a little Lion on it, it's safe."

The British Lion scheme, introduced 10 years after the Salmonella crisis, made hen vaccination against Salmonella compulsory.

Article from WATTAgNet.com